



Cape Neddick Tide

What's Coming and Going at the Cape Neddick Baptist Church February 2019

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Pastor's Ponderings

What Are We Trying to Do?

As I write this, I am fresh off a meeting of pastors, other ministry leaders, and social service professionals who are centered on and committed to improving the lives of people in our region. I was struck by the passion, drive, and clear mission focus shared by those seated at the table.

This experience and a subsequent conversation with a cherished colleague in ministry prompted me to ponder anew and to drink in more deeply our church covenant, a wisely-written document with a clear mission focus that should be visited and absorbed, revisited and reabsorbed, by all within our family of faith. Its contents have the power to prompt us to pray that we might keep our eyes on the tasks set before us as the Cape Neddick Baptist Church.

Therein we read:

"Having been led, as we believe, by the Spirit of God, to receive the

Lord Jesus Christ as our Savior, and on the profession of our faith, having been baptized in the name of the Father, the Son, and the Holy Ghost, we do now in the presence of God, angels, and this assembly, most solemnly and joyfully enter into covenant with one another, as one body in Christ.

"We pledge, therefore, by the aid of the Holy Spirit, to walk together in Christian love; to strive for the advancement of this Church, in knowledge, holiness, and comfort; to promote its prosperity and spirituality; to sustain its worship, ordinances, discipline, and doctrines; to contribute cheerfully and regularly to the support of the ministry, the expenses of the Church, the relief of the poor, and the spread of the gospel through all nations.

"We also agree to maintain family and personal devotions; to religiously educate our children; to seek the salvation of our families and acquaintances; to walk circumspectly in the world; to be

just in our dealings, faithful in our commitments, and exemplary in our conduct, to avoid all tattling, backbiting, and excessive anger; and to be enthusiastic in our efforts to advance the Kingdom of our Savior.

"We further promise to watch over one another in brotherly love; to remember each other in prayer; to aid each other in sickness and distress; to be kind and tenderhearted to one another; to be slow to take offense, but always ready for reconciliation, and mindful of the rules of our Savior, to secure it without delay." I would suggest that we each read and reread our covenant, using it—alongside the Word of God—as catalyst toward the renewal of our commitment to the Lord and each other.

Might we further:

- Spend—at a minimum—ten minutes each day with God seeking His direction for our individual lives and praying for every person in our church to

be open to the leading of the Holy Spirit; to be faithful in living Christ-centered, Christ-honoring lives; and to be granted the courage and the will to seek out and minister to the unchurched.

- Commit to seeing 100 percent of our body embracing a deeper intimacy with Christ; experiencing Christ-like relationships; engaging our Spirit-giftedness and extending our grace stories (learning how to share the Gospel and our individual testimonies about God's work in our lives so that others may have the opportunity to say "yes" or "no" to Jesus).

We must look at where we are now and remember that we are—every day—writing the history of our church. If we want our church—100 years from now—to have not only survived but thrived, we must jettison any ways of thinking and doing that are holding us back from being all God would have us be. In the months ahead, many opportunities will be presented to consider why God has called us to this place at this time for His purpose. May God give us the courage to write our church's history in reformation, in revolution (if necessary) and in relationships.

Love in Christ Jesus, Pastor Donna

ANNUAL MEETING

I began my report for the Annual Meeting with these words: "How can I thank God enough for all the joy I have in His presence because of you?" (1Thessalonians 3:9). The thanksgiving that opens Paul's letter to the Philippians echoes in my mind: "In all of my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that He who began a good work in you will

carry it on to completion until the day of Christ Jesus." And how much good work the Lord has already done in and through us in just these few months together! And what a joy it was to recall the efforts expended, on behalf of the Lord, in the earlier months of 2018. With a new slate of officers elected, a fresh budget approved, and loads of plans underway, I believe we can—with great confidence and excitement—look forward to all the Lord will do in and through us in the coming year.—Pastor Donna

31st Annual Ecumenical Meal

Pastor Donna will be offering the prayer at this year's Ecumenical Meal, scheduled for Saturday, March 2, at noon at St. Christopher's Church, 4 Barrel Lane, in York. The meal begins with the prayer at noon, but entertainment (Irish dancers) is offered, starting at 11. About 300 people will likely be fed in the hall and volunteers will deliver an additional 150 or so meals to local homebound folks. Area churches provide turkeys, pies, and volunteers and pick up the tab for the cost of veggies, condiments and paper products that are not covered by donations (each church generally pays less than \$50). It's very festive and many hands make light work. The high school offers prep space for all the food; businesses provide flowers, rolls, and to-go boxes. For the past few years, Cape Neddick Baptist has given ten pies toward the effort. Turkey roasters and volunteers are also welcome if our folks would like to participate. More information may be obtained from the Pastor or Joyce and Pete Willette.

Plans are underway for the Lenten Season and Easter

We'll be offering the traditional Palm Sunday and Maundy

Thursday services and will host the Good Friday observance that we hold jointly each year with the Ogunquit Baptist Church. There will be a Easter Sunrise Service on the Marginal Way and the season will conclude with an Easter/Resurrection Day celebration. An assortment of Lenten devotional guides, calendars, a bookmark and banners are on order.

Connections Course

Working from *How to Read the Bible for All Its Worth* and other resources, participants will be equipped to dig into the Word, reviewing what to look for and what tools can be used to open the scriptures more fully. We'll look at many of the translations available and the features in specialty Bibles such as the Thompson Chain Reference, the NIV Study Bible, the Spiritual Formation Bible and the Spiritual Renewal Bible; and will consult other references that can aid in our study.

In this five-week class, led by the Pastor, we'll also share our journeys of faith; review core Christian beliefs and Baptist distinctives; and discuss believer's baptism and ways of coming into church membership. We'll also explore our spiritual gifts and consider how participants might find expression for those gifts via the ministries of the Cape Neddick Baptist Church. It appears, at this time, that two times slots may be offered: one on Sundays at 9 and the other on a midweek day (time to be determined). Please email the Pastor at cnbcpastor@gmail.com or call her at 207.363.3566 to express your interest or get more information.

Caring for Our Souls

Tired of snorkeling around in your relationship with God? Ready to go

deep? Revival is the answer and this course is for you. Over our six weeks together (which may—dependent on interest—extend beyond), we will focus on discovering a richer and more balanced spiritual life infused with joy, peace, and a clearer understanding of God. We will center on the contemplative way of life and practice various forms of Christian meditation. We will consider what it means to be “beautiful of soul” and to be “on fire for the Lord.” We will learn about prayer and practice the ancient art of *Lectio Divina* (listening deeply—through meditation, prayer and contemplation—to hear with the ear of our hearts). We will engage in the Ignatian method of reading scripture (a sort of virtual experience of the Word where you read the passage and then use your imagination to put yourself in the scene). We will also consider how to create and maintain a spiritual journal. Please email the Pastor at cnbcpastor@gmail.com or call her at 207.363.3566 to express your interest or get more information.



In a recent e-mail from Ann Clemmer, Ann talked about Christina, the woman featured in the "Proverbs in Living Color" newsletter. Christina had become crippled and could no longer minister to her family and neighborhood...but now God has healed her! Ann and Christina met after church recently, and Christina told Ann not only can she

walk, but she can run. How amazing God is!!!!!!

(Shown in the picture from left to right are Noella, Ann, Christina and Beatrice)

"But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." Isaiah 40:31



Birthday and Anniversary

Sheets are on the back

table. If there is anyone interested in having their name added to the sheets, please call. Betty Lovering. [207 363 8009](tel:2073638009)



Royal Family Kids' Camp

Do you know a child who has suffered

abuse or neglect? He or she may be able to attend Royal Family Kids' Camp through United Baptist Church in Saco. Each summer, UBCS conducts a week-long, free, kids' camp which gives each camper fun activities and specialized attention for him or her.

[Royal Family Kids \(RFK\)](#) is a one-week summer camp experience for children who have a documented history of abuse and/or neglect. All of the children who attend are referred to the camp through the Department of Human Resources or other Social Service Agencies. There is no charge for the children to attend. Our camp is faith based and we have Bible stories and prayer each day, but our goal is not to convert children, but rather to plant the

seeds of hope and demonstrate God's love. Our next camp will be held the week of June 24th, 2018

Romance Your Spouse: Here are some fun ways to make your spouse feel special!

- Use dry erase markers to leave a note on the bathroom mirror.
- Make a list of all the things your sweetheart does for you that you probably take for granted. Thank them for each one.
- Circle a day on the calendar and take your spouse on a mystery date!



Sunday Flowers at CNBC

Would you like to donate flowers>

In memory
Honor of a birthday
Anniversary
Special occasion

Please contact:

Pam Trafton 207-363-3051
or
Sheri Nadeau 603-505-2196

OR, if you would like to assist with the flower responsibility for a week or month, please let us know.

“Many hands make light work!”